



Winning time record

21km Superbowl (+1,189m)

Male			Female		
Year	Name	Time	Year	Name	Time
2026	Wano Katjiri	02:10:26	2026	Julia Hunter	02:36:24
2025	Wano Katjiri (RECORD)	01:58:36	2025	Tenielle Powter	02:43:42
2024	Wano Katjiri	02:00:53	2024	Mila Geldenhuys (RECORD)	02:25:26
2023	Ryan Romans	02:06:48	2023	Jada Linstrom	02:34:12

9km Valleybowl (+220m)

Male			Female		
Year	Name	Time	Year	Name	Time
2026	Simon Short	00:42:24	2026	Ella Muhl	01:00:24

